Board of Directors

Meeting Agenda

September 8th, 2024

Board of Directors Members Present in Person:

Members Present via MS Teams:

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

Guests Present:

- 1. Call to Order and Introductions Chair
- 2. Tribal Acknowledgement Chair Tribal Behavioral Health | North Sound BH-ASO (nsbhaso.org)
- 3. Revisions to the Agenda Chair
- 4. Approval of the August 8th, 2024, Minutes, Motion #24-38 Chair.... Attachment
- 5. Comments & Announcements from the Chair Chair
- 6. Reports from Members Chair
- 7. Comments from the Public Chair

- 10. Report from the Governance Operations Committee Chair

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda - Chair (Available at Meeting)Attachment

Motion #24-39

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from August 1st, through August 31st, 2024, in the amount of \$.
- Payroll for the month of August in the amount of \$\\$ and associated employer benefits in the amount of \$\\$.
- **11. Action Items** Margaret Rojas, Assistant Director

For Board Approval

Proviso 86-Behavioral Health Housing and Services

- An additional \$738,833.00 was allocated in the ASO July HCA amendment. This doubles our annual allotment for Proviso 86 funds. These funds are intended for rental assistance and/or behavioral health services for individuals involved with the criminal justice system. Effective date of funding availability is July 1, 2024.
- The following motion is the downstream contracts allocating the additional Proviso 86 behavioral health rental assistance and services in four counties, San Juan County is served by Compass Health with HARPS rental assistance funds.
 - o Bridgeways Proviso 86 rental assistance and services in Snohomish County.
 - July addition of Proviso 86 funds \$45,000.00
 - Total Proviso 86 12-month allocation \$206,000.00.
 - o Compass Health Proviso 86 rental assistance/services Snohomish County.
 - July addition of Proviso 86 funds \$45,000.00
 - Total Proviso 86 12-month allocation \$195,000.00.
 - Lifeline Connections Proviso 86 rental assistance and services in Skagit and Whatcom County.
 - July addition of Proviso 86 funds \$45,000.00
 - Total Proviso 86 12-month allocation \$227,935.00.
 - Lake Whatcom Center Proviso 86 rental assistance and services in Whatcom County.
 - July addition of Proviso 86 funds \$120,000.00
 - Total Proviso 86 12-month allocation \$270,000.00.
 - o Opportunity Council rental assistance and services in Whatcom County.
 - July addition of proviso 86 funds \$120,000.00
 - Total Proviso 86 12-month allocation \$276,000.00
 - o Pioneer Human Services Proviso 86 rental assistance and services in Island County.
 - July addition of Proviso 86 funds \$120,000.00
 - Total Proviso 86 12-month allocation \$302,935.00.

Motion #24-40

NS BH-ASO-Bridgeways-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 5 for the provision of additional Proviso 86 funds for rental assistance and services in Skagit and Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lake Whatcom Center-CBRA-23 Amendment 3 for the provision of additional proviso 86 funds for rental assistance and services in Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Opportunity Council-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Whatcom County. The contract term is July 1, 2024, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Pioneer Human Services-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Island County. The contract term is July 1, 2024, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

ARPA Federal Block Grant

- The Health Resources and Services Administration (HRSA) Federal Grant award will expire on September 30, 2024.
 - o The program has expanded services in Skagit & Island Counties.
 - Expansion of Medication Assisted Treatment (MAT) in Concrete and Oak Harbor
 - Lifeline Connections \$60,000.00 for MAT services
 - Expansion of our Opioid Outreach teams in east Skagit County
 - Mount Baker Presbyterian Church \$235,000.00 for Opioid Outreach
 - Supporting a prevention specialist in the Coupeville School District
 - NW ESD 189 \$25,000.00 for School Prevention
 - Funding a Co-Responder with Skagit Sheriff's Office
 - Skagit County Public Health \$150,907.00 for Co-Responder Services
- San Juan County Recovery Café Peer Support
 - o Lopez Island Family Resource Center-Heart & Soul Café \$28,260.00
- Juvenile Treatment Services

o Snohomish County Superior Court \$51,000.00 for expansion of services for juveniles and families referred to Snohomish County probation.

Motion #24-41

NS BH-ASO-Lopez Island Heart and Soul-PSC-23 Amendment 1 to provide additional funding for the Recovery Café on Lopez Island. The term of this agreement is November 1, 2023, with a new expiration date of June 30, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 5 to provide the funding for MAT services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Mount Baker Presbyterian Church-ICN-23 Amendment 1 to provide funding for Opioid Outreach services under this contract. The contract term is September 1, 2023, through August 31, 2025, with an automatic one-year renewal on September 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-23 Amendment 5 to provide the funding for Co-Responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-NW ESD 189-PSC-23 Amendment 1 for the purpose of providing a prevention specialist in the Coupeville School District. The contract term is September 1, 2023, through August 31, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 4 to provide additional funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Program for Assertive Community Treatment (PACT)

• Compass Health has two (2) PACT teams, in Skagit & Whatcom counties serving up to 150 individuals. The need continues to expand for these services. Compass Health is requesting seven (7) additional rotating slots, currently they have (8) eight slots. The slots are reserved for individuals moving on and off Medicaid due to reoccurring spend downs. The cost of the additional PACT slots is up to \$358,548.96 annually, for a total of \$768,319.20 annually for 15 rotating slots.

Motion #24-42

NS BH-ASO-Compass Health-ICCN-23 Amendment 5 to provide funding to add additional PACT service funds under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

12. Introduction Items

Margaret Rojas, Assistant Director

Health Care Authority (HCA)

- Projects for Assistance in Transition from Homelessness (PATH). This is an outreach program targeting individuals with a serious mental illness who are unhoused in Snohomish County. The annual funding for this service is \$219,026.00. North Sound provides a mandatory match annually of \$73,000.00.
- Peer Pathfinder Homeless Outreach Programs. Funding is used to support outreach and engagement services for those who are, or who are risk of homelessness and have or are suspected to have an Opiate Use Disorder and/or stimulant use disorder in Whatcom County. The annual funding for these services is \$131,480.00.
- Additional ARPA Peer Pathfinder funds are included in the amount of \$71,020.00 annually to specifically work with individuals exiting correctional facilities who have a serious mental illness or co-occurring conditions in Whatcom County.

Motion

HCA-North Sound BH-ASO-PATH-24 for the purpose of funding PATH services in Snohomish County. The contract term is October 1, 2024, through September 30, 2025.

Motion

HCA-North Sound BH-ASO-Peer Path Finder-24 for the purpose of providing peer pathfinder services in Whatcom County. The term of the contract is October 1, 2024, through September 30, 2025.

• The following two contracts are the downstream contracts for PATH and Peer Pathfinder services.

Bridgeways

 Bridgeways is the provider of PATH services in Snohomish County. The annual funding amount is \$219,026.00 of grant funding and \$73,000.00 in matching State funds for case management services for a total of \$292,026.00

Motion

North Sound BH-ASO-Bridgeways-PATH-24 for the purpose of providing PATH outreach and case management services in Snohomish County. The term of this agreement is October 1, 2024, through September 30, 2025, based on continued compliance with the terms of the contract.

Lifeline Connections

• Lifeline Connections is the provider of Peer Pathfinder Services in Whatcom County. The total annual funding for this service is \$202,500.00

Motion #

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 4 to provide funding to the Peer Path Finder services under this contract. The contract term is January 1, 2023, through December 31, 2024, with an automatic one-year renewal on January 1, 2025, based on continued compliance with the terms of the contract

13. Discussion Items

Margaret Rojas, Assistant Director

- The ASO Compensation Study has been added to the October Agenda for discussion with the full board
- 15. Adjourn Chair

Next Meeting: October 10th, 2024

Board of Directors

Meeting Minutes

August 8th, 2024

Board of Directors Members Present in Person:

- Peter Browning, Commissioner, Skagit County
- Cammy Hart-Anderson, Human Services, Designated Alternate for Dave Somers, County Executive; Snohomish County

Members Present via MS Teams:

- Cindy Wolf (chairing meeting in Barry Buchanan's absence)
 Council Member; San Juan County
- Lynda Austin, Island County Human Services, Designated Alternate for Jill Johnson, Commissioner; Island County
- Cynthia Foley, Sr. Legislative Analyst, Designated Alternate for Strom Peterson, County Council; Snohomish County
- Nicole Gorle, Legislative Analyst,
 Designated Alternate for Nate Nehring,
 County Council; Snohomish County
- Jami Mitchell, Human Services
 Manager, Designated Alternate for
 Cindy Wolf, County Council; San Juan
 County
- George Kosovich, Skagit County Public Health, Designated Alternate for Peter Browning, Commissioner, Skagit County
- Malora Christensen, Response System Division Manager, Designated Alternate for Satpal Sidhu, County Executive; Whatcom County

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- JanRose Ottaway Martin, Executive Director
- o Kim Nakatani, Accountant
- o Michael McAuley, Clinical Director
- o Margaret Rojas, Assistant Director
- Maria Arreola, Sr. Administrative Assistant
- Joanie Wenzl, Administrative Manager, Clerk of the Board

Guests Present:

None

Call to Order and Introductions - Chair

Cindy Wolf, Vice-Chair, called the meeting to order and initiated introductions. She was chairing in Barry Buchanan's absence

Tribal Acknowledgement – Chair

Tribal Behavioral Health | North Sound BH-ASO (nsbhaso.org)
The Chair read the Tribal Acknowledgement

Revisions to the Agenda - Chair

No revisions to the agenda were requested.

Approval of the June 13th, 2024, Minutes, Motion #24-34 - Chair

Cindy Wolf pointed out that her name was missed on the June Meeting minutes. The Clerk of the Board will add her, as she was in attendance during the Board Retreat/Work Session. Peter Browning moved the motion for approval as amended, Cindy Wolf seconded, all in favor, motion #24-34 carried.

Comments & Announcements from the Chair - Chair

Cindy noted that she is sitting in for Barry today and chairing the meeting in his absence.

Reports from Members - Chair

Board members gave updates on the behavioral health happenings in their respective counties.

Comments from the Public - Chair

There were no public in attendance, so there were no comments.

Kids Mental Health Mini-Presentation/Youth Navigator Program

Michael McAuley, Clinical Director

JanRose Ottaway Martin and Michael McAuley gave a brief overview of the Youth Navigator Program.

A PowerPoint presentation was given. Questions and answers followed.

Report from the Advisory Board

Kara Allen, Advisory Board Chair

JanRose gave the Advisory Board's Brief in Kara's absence.

Report from the Finance Officer

Margaret Rojas, Assistant Director

Margaret Rojas gave the Report from the Finance Officer. There were no questions.

Report from the Governance Operations Committee – Chair

Cindy gave the report the from the Governance and Operations Committee. She said the Compensation Study for NS BH-ASO was reviewed and discussed. She added that it will be presented during an upcoming board meeting.

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Consent Agenda - Chair

Note, there was no meeting for the month of July, so there are 2 months of warrants, payroll, and associated benefits listed below.

Motion #24-35

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from June 1st, 2024, through June 30th, 2024, in the amount of \$3,604,033.34.
- Payroll for the month of June in the amount of \$197,545.07 and associated employer benefits in the amount of \$98,557.34.
- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from July 1st, 2024, through July 31st, 2024, in the amount of \$4,676,005.77.
- Payroll for the month of July in the amount of \$199,373.95 and associated employer benefits in the amount of \$97,802.39.

Peter Browning moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, none opposed, motion #24-35 carried

Introduction Items - Margaret Rojas, Assistant Director

Proviso 86-Behavioral Health Housing and Services

- An additional \$738,833.00 was allocated in the ASO July HCA amendment. This doubles our annual allotment for Proviso 86 funds. These funds are intended for rental assistance and/or behavioral health services for individuals involved with the criminal justice system. Effective date of funding availability is July 1, 2024.
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Motion 24-xx

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Motion 24-xx

NS BH-ASO-Compass Health-ICCN-23 Amendment 5 to provide funding to add additional PACT service funds under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Margaret Rojas spoke to the Introductions items listed above. There were no questions.

Evergreen Recovery Centers (placeholder)

Evergreen Recovery Centers is requesting funds to increase nursing staff at the withdrawal management facility in Everett. The funding request is for four (4) FTE nurses for a total annual ask is up to \$724,880.00.

Discussion ensued on the placeholder item above.

Peter Browning moved a motion for *up* to \$300K to be granted to Evergreen Recovery Centers (to be administered at the discretion of the NS BHASO Leadership, while working with Evergreen Recovery Centers regarding responsible stewardship of public funds).

Malora Christensen seconded, all in favor, motion carried.

Motion #24-36

Lake Whatcom Center is requesting funds for startup costs (staffing) for their Maplewood 16-bed Enhanced Service Facility for individuals transitioning out of hospital/institutional settings. The total ask is up to \$775,570.00.

JanRose led a discussion on the placeholder item listed above.

There was conversation around this item being an "ask" of the Legislative Session.

Cammy Hart-Anderson moved that the BOD authorize Lake Whatcom \$300K at the discretion of the NS B-ASO Leadership, contingent upon determination of timely need, Peter Browning seconded the motion.

Cindy Wolf voted nay, as she believes there should be conversation with our legislators first. All others were in favor, motion carried by majority vote. **Motion #24-37**

Discussion Items

JanRose Ottaway Martin, Executive Director

- o NS BH-ASO Org Chart
 - JanRose referenced the NS BH-ASO Organizational Chart. She asked Board Members to reach out to her if there are any questions.
- o Board Retreat/Work Session Follow-up
 - The ASO is working on recommendations for actions in the upcoming years. The ASO is also working with the Advisory Board and County Coordinators regarding the recommendations.
 - This will be brought back to the BOD for further consideration. The goal is to begin the roll out the Strategic Plan January 2025.
- o County Capital Requests and Large Agency Requests
 Discussion took place on the topic above. One suggestion was that the Crisis System be assessed as well as the dollars available that can be set aside for capital. This will be brought back to the board meeting for further discussion.

Report from the Executive Director

JanRose Ottaway Martin, Executive Director

JanRose gave the report from the Executive Director and covered the following topics:

- Weekly Crisis Metrics Report
- Recent work in the Board of Directors, Advisory Board Retreat, kicking off Strategic Planning Process
- o Proviso Programs
- Youth Navigator Program (aka Kids' Mental Health)
- Hiring two new positions
- o HB 1515, Community Presentation at the North Sound Provider's meeting on August 1, 2024
- o 2024 State of Mental Health in America report

Adjourn – 3:02 p.m.

Next Meeting: September 12th, 2024

1. Legislative Summit

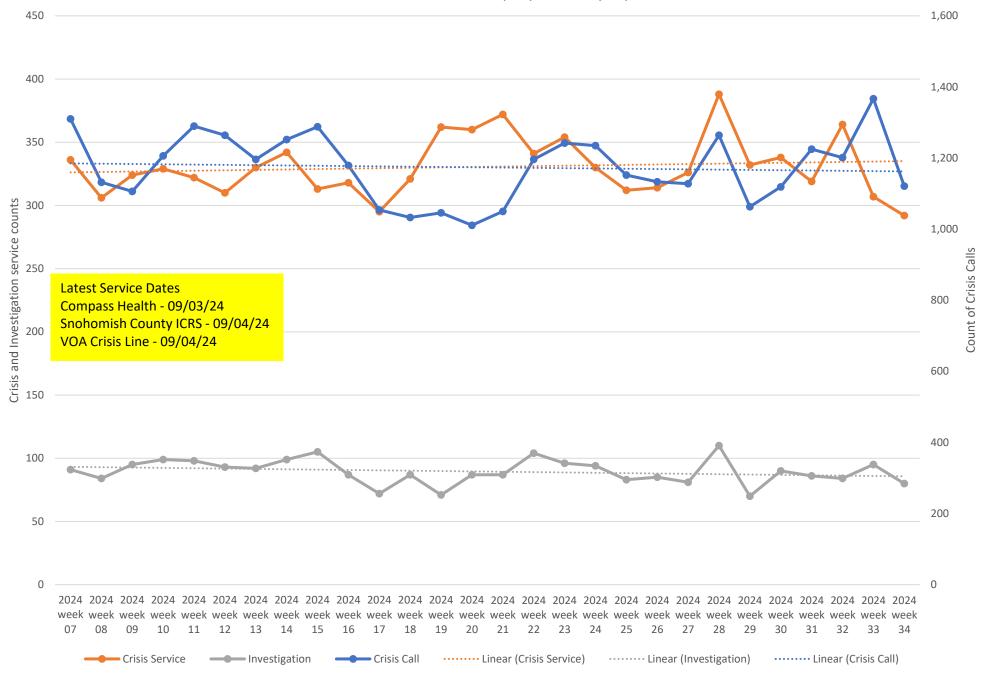
Developing priorities and soliciting county specific issues. Areas identified so far-

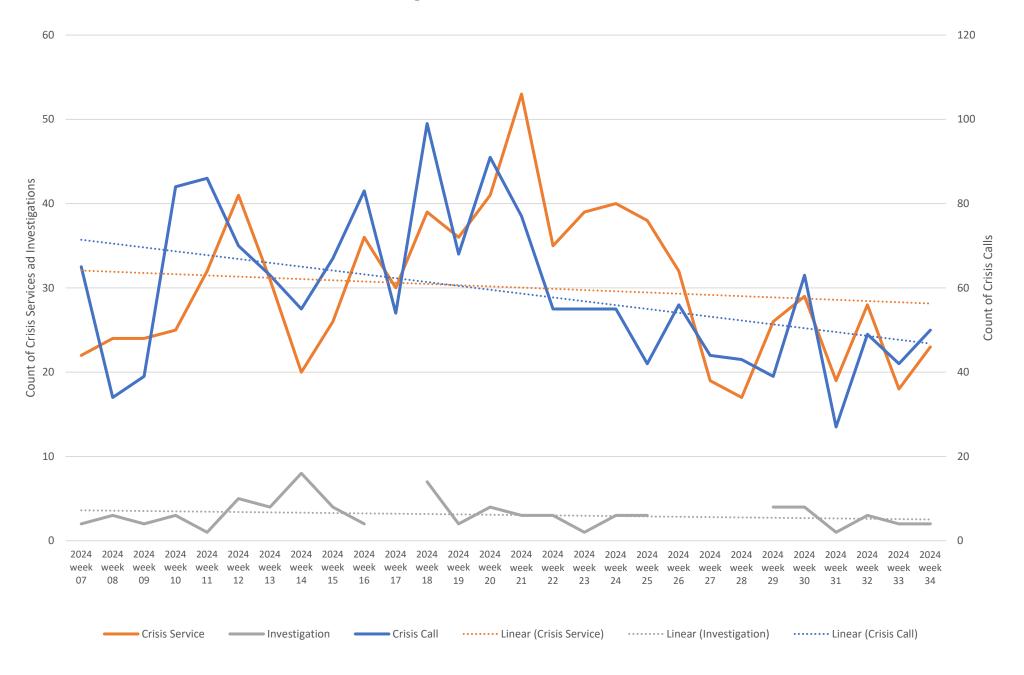
- Enshrining the Proviso Flexibility in legislation, broader to all ASOs
- County specific and collective issues
- Advisory Board priorities
- 2. HCA informed us of a couple program enhancements, which require ASO leadership. The two areas identified are a Regional Learning Collaborative and 988 Coordination with multiple stakeholders. ASOs collectively agreed to take on these roles with the caveat HCA fund two FTEs per ASO. One FTE would be leading the Learning Collaborative and one leading the regional 988 coordination. There is still some unknown of the particulars HCA and ASOs envision, but we are pleased HCA is reaching out to the ASOs to take on these roles. There will be additional funds needed for the training hub, which we are currently in the process of assessing and providing the feedback to HCA.
- 3. The ASO lobbyist Brad Banks will be the WASAC lobbyist going forward. Julianna has left and taken on another position. Brad feels it's a good fit working with the counties and ASOs on common behavioral health issues, such as the re-procurement of the MCO contracts and network adequacy, to include access to services.
- 4. Update on Evergreen Recovery Centers & Lake Whatcom Center. We reached out to both providers to ask for an updated proposal identifying priorities for up to \$300K. Both providers were thankful for the funding.
- 5. Recovery International (RI) is weighing the feasibility to operate the Lynwood facility. They have identified funding shortfalls for the first two years of operation, 4.9M and 5.9M respectively. This facility is a crisis stabilization center meant to be a diversion from jail and 16 recliners for 23-hour stabilization and 16 short term (longer than 23 hours) psychiatric beds. RI will be reaching out to local legislative representatives and funders to determine if they can fill the gaps in funding. We received funding for capital and short-term operations in total of \$2M, which RI has been billing, however, there was no specific ask of the North Sound ASO on the funding shortfall.

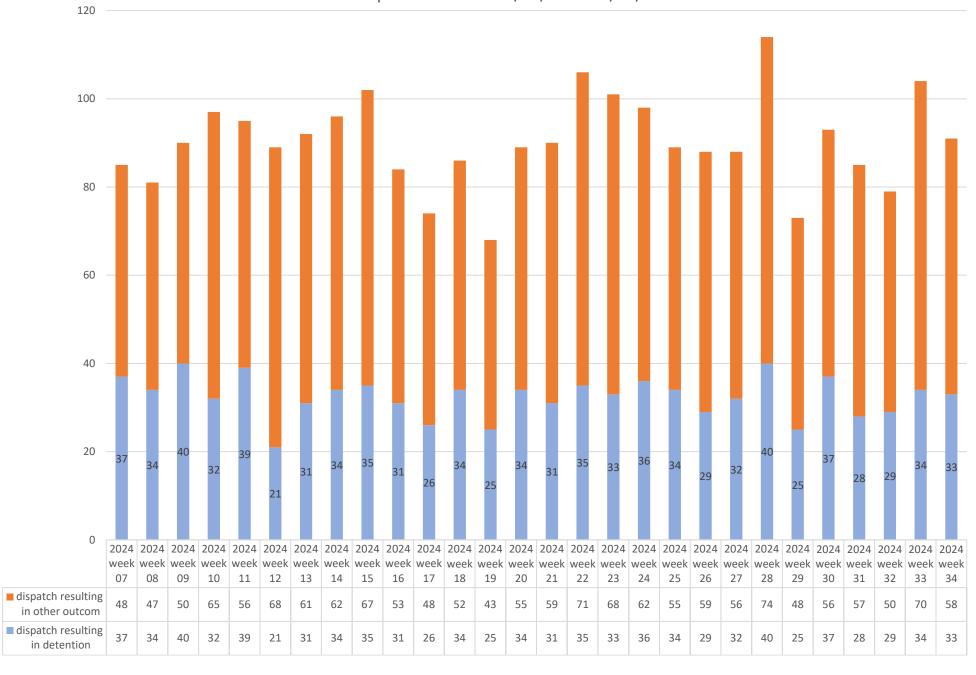


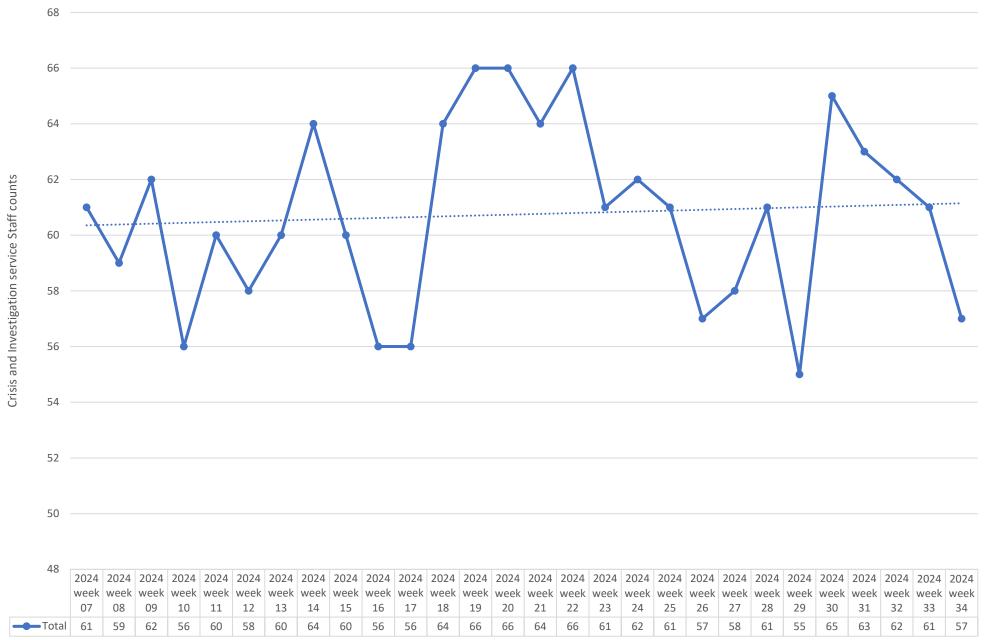
Weekly Crisis Capacity Indicator Snapshot

	,,,
Page 2	Crisis Data - dates 02/11/24 to 08/24/24
Page 3	Crisis Data: Ages 0-17 - dates 02/11/24 to 08/24/24
Page 4	All DCR Dispatches - dates 02/11/24 to 08/24/24
Page 5	Weekly Staff Count - Staff providing Crisis or Investigaion services 02/11/24 to 08/24/24
Page 6	Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low
Page 7	Telehealth only, crisis and investigation services from 02/11/24 to 08/24/24
Page 8	Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units
Page 9	Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days
Page 10	Place of Service -Crisis Services, percent of total by week
Page 11	Place of Service -Investigations, percent of total by week
Page 12	North Sound BH ASO Walkaway Chart 02/11/24 to 08/24/24





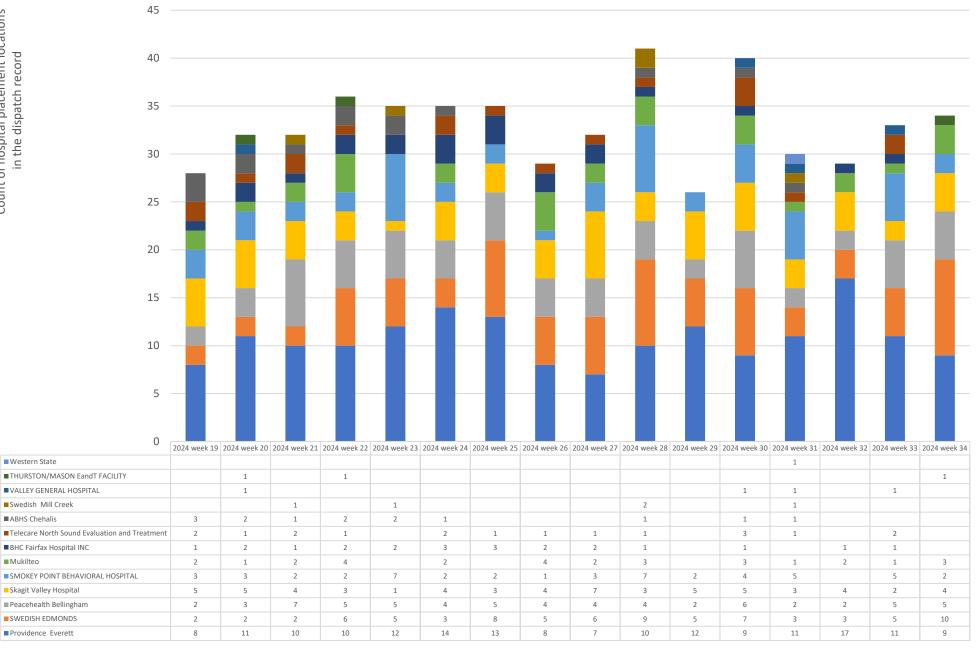


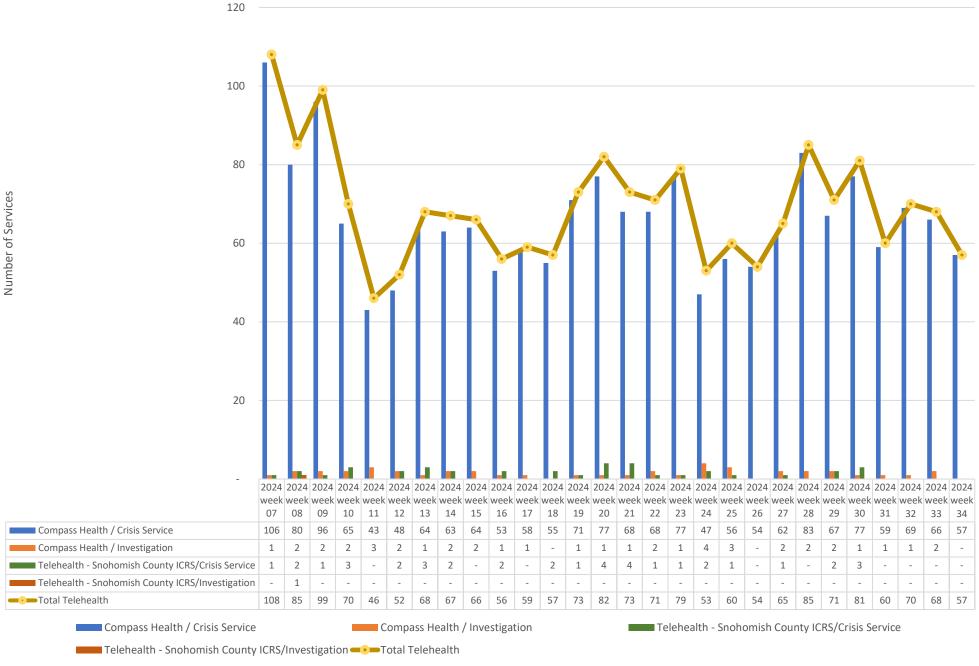


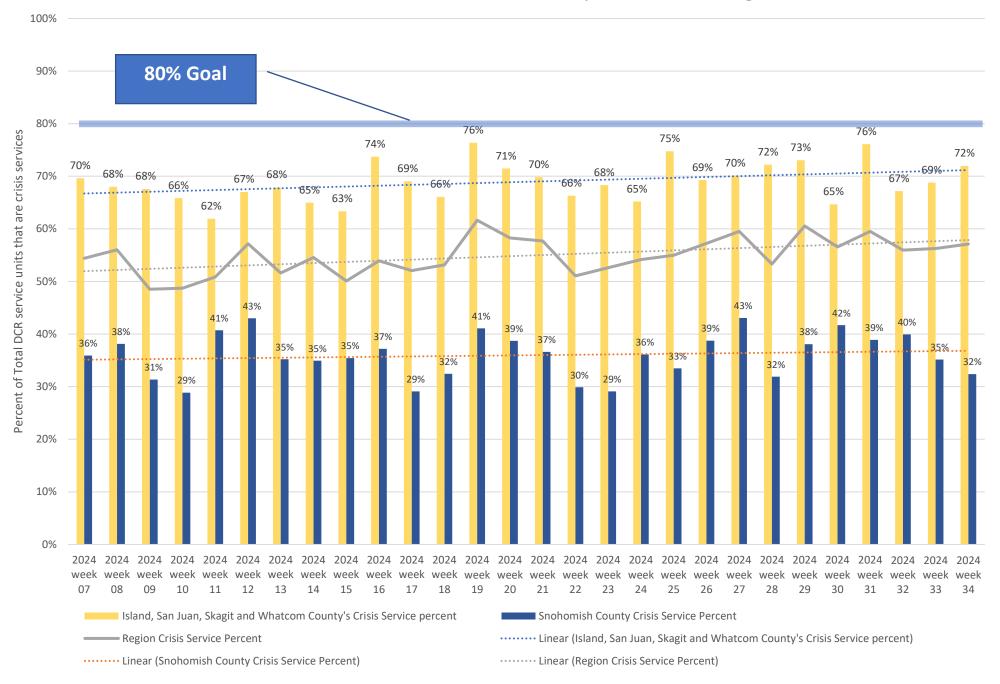
2024 week 34 ending 01/00/00

Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low

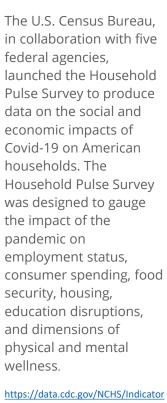






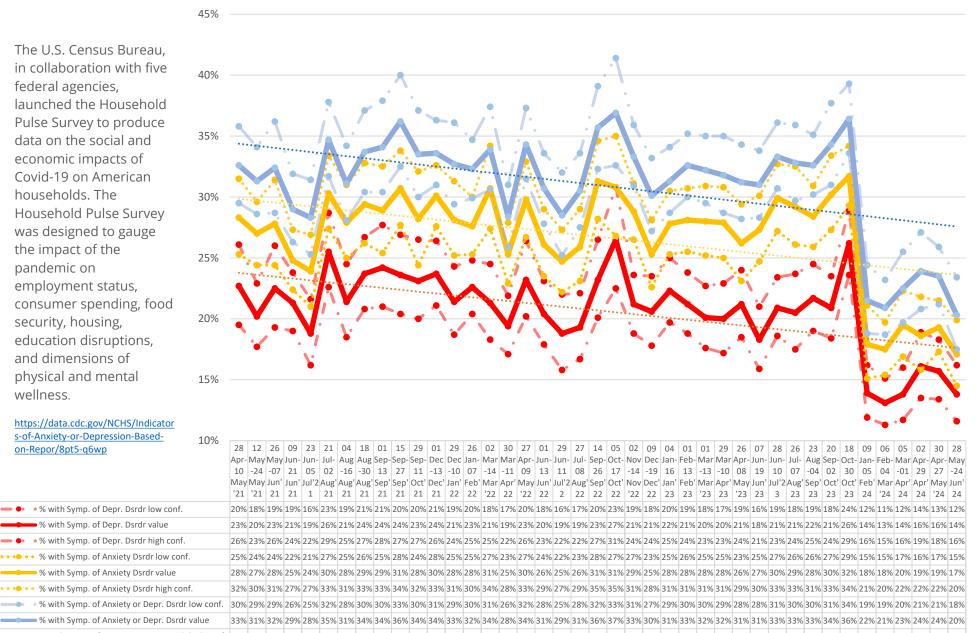


Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days

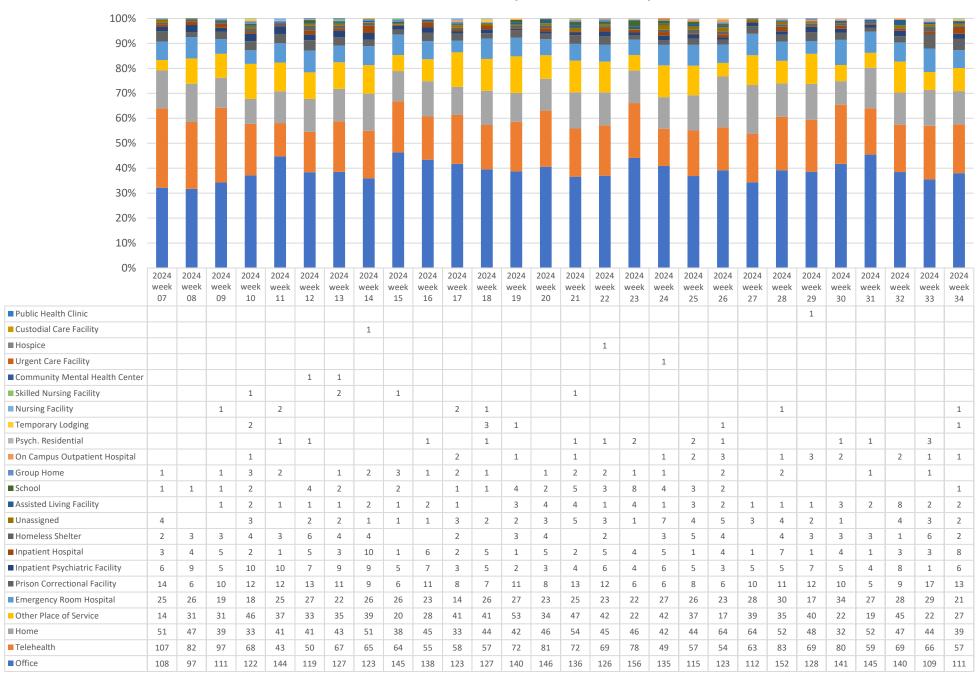


s-of-Anxiety-or-Depression-Basedon-Repor/8pt5-q6wp

% with Symp. of Depr. Dsrdr value



Place of Service - Crisis Services, percent of total by week



Place of Service -Investigations, percent of total by week

